

Heaven and Earth Designs

Breakfast of Champions

Chart No: HAEAR 105

Chart Design By Michele Sayetta

Artwork by Andy Russell



Finished Design Size 400 W by 299 H (16 W X 11-7/8 H inches on 25ct fabric)
(This Chart Contains 90 Colors)

Heaven and Earth Designs LLC ®

1373 45th Ave SW

Willmar, MN 56201

320-214-7998

www.heavenandearthdesigns.com

Copyright Heaven and Earth Designs 2011

Copyright Andy Russell 2011

Instructions

Congratulations on buying a **Heaven and Earth Designs LLC** Cross Stitch Chart .

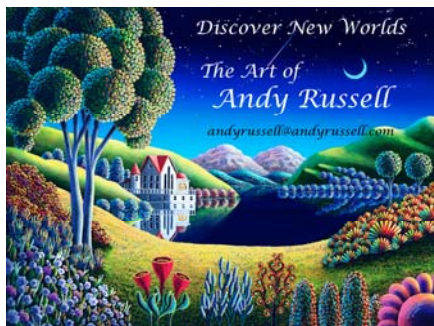
We know it will bring you many hours of pleasurable stitching and believe the final result will be something to love and admire forever.

Included with your chart is a clear plastic bag to protect your chart, and a coded thread list for the threads you will need to complete your project. Our charts are designed to use DMC stranded cotton threads and, where appropriate, Kreinik metallic thread.

Chart Instructions:

1. This chart is made up of several numbered pages beginning at the top left corner of the first page. The pages of chart are laid out from left to right in rows e.g. 1 2 3 4, 5 6 7 8. Although each chart is marked with arrows which indicate the centre , we believe you will find it easier to begin from the top left corner of page 1 and follow the chart page by page to the bottom right corner of the last page.
2. We recommend you stitch your design on either 18 count Aida or 25 count Linen. using 2 strands of cotton over one in each case.
3. At the top of the thread list you will find our recommendation for the fabric colour. We recommend purchasing a piece of fabric that equates to the design size plus 3 inches [75mm] all around, to allow for framing and matting.
4. Because of the large number of stitches, we have found it to be easier if you stitch one 10X10 grid at a time and then continue on to the next 10 x 10 grid.
5. Stitch each page until it is completed and then move on to the next. On each page there is a number at the top left that indicates the page number. On each corner is a number in parenthesis that indicates the connecting page, unless there is not one.
6. Under International Copyright Laws, you may copy the chart for your own use. We recommend that you use a copy as your working document. You may also wish to enlarge the pages to make the symbols easier to read.

If you have any questions regarding this chart please feel free to contact us.



































Heaven and Earth Designs LLC











































320-214-7998

















<http://www.heavenandearthdesigns.com>

Pattern Name: Breakfast of Champions-Russell
Designed By: Michele Sayetta
Company: Heaven and Earth Designs LLC
Copyright: 2011 ©
Fabric: Linen 25, White
 400w X 299h Stitches
Size: 25 Count, 16w X 11-7/8h in

Floss Used for Full Stitches:

Symbol	Strands	Type	Number	Color
	¢	2	DMC 150	Dusty Rose-UL VYDK
	v	2	DMC 159	Gray Blue-LT
	♥	2	DMC 161	Gray Blue
	↑	2	DMC 165	Moss Green-VY LT
	↓	2	DMC 166	Moss Green-MD LT
	x	2	DMC 169	Pewter-LT
	5	2	DMC 210	Lavender-MD
	8	2	DMC 224	Shell Pink-VY LT
	«	2	DMC 309	Rose-DK
	~	2	DMC 311	Navy Blue-MD
	%	2	DMC 321	Christmas Red
	←	2	DMC 371	Mustard
	/	2	DMC 413	Pewter Gray-DK
	✕	2	DMC 469	Avocado Green
	■	2	DMC 500	Blue Green-VY DK
	4	2	DMC 550	Violet-VY DK
	⊙	2	DMC 561	Jade-VY DK
	≪	2	DMC 597	Turquoise
	▮	2	DMC 644	Beige Gray-MD
	↖	2	DMC 647	Beaver Gray-MD
	\$	2	DMC 666	Christmas Red-BRT
	▢	2	DMC 676	Old Gold-LT
	a	2	DMC 677	Old Gold-VY LT
	3	2	DMC 718	Plum
	▲	2	DMC 720	Orange Spice-DK
	n	2	DMC 738	Tan-VY LT
	m	2	DMC 739	Tan-UL VY LT
	⚙	2	DMC 760	Salmon
	▲	2	DMC 762	Pearl Gray-VY LT
	▣	2	DMC 772	Yellow Green-VY LT
	c	2	DMC 780	Topaz-UL VY DK
	◆	2	DMC 783	Topaz-MD




































Symbol	Strands	Type	Number	Color
	7	2	DMC 793	Cornflower Blue-MD
	9	2	DMC 803	Baby Blue-UL VYDK
		2	DMC 806	Peacock Blue-DK
		2	DMC 823	Navy Blue-DK
		2	DMC 832	Golden Olive
		2	DMC 834	Golden Olive-VYLT
		2	DMC 898	Coffee Brown-VYDK
		2	DMC 902	Garnet-VYDK
		2	DMC 913	Nile Green-MD
		2	DMC 931	Antique Blue-MD
		2	DMC 932	Antique Blue-LT
		2	DMC 939	Navy Blue-VYDK
		2	DMC 943	Bright Green-MD
		2	DMC 958	Sea Green-DK
		2	DMC 959	Sea Green-MD
		2	DMC 966	Baby Green-MD
		2	DMC 977	Golden Brown-LT
		2	DMC 993	Aquamarine-LT
		2	DMC 996	Electric Blue-MD
		2	DMC 3033	Mocha Brown-VYLT
		2	DMC 3042	Antique Violet-LT
		2	DMC 3046	Yellow Beige-MD
		2	DMC 3072	Beaver Gray-VYLT
		2	DMC 3328	Salmon-DK
		2	DMC 3348	Yellow Green-LT
		2	DMC 3354	Dusty Rose-LT
		2	DMC 3363	Pine Green-MD
		2	DMC 3608	Plum-VYLT
		2	DMC 3688	Mauve-MD
		2	DMC 3712	Salmon-MD
		2	DMC 3721	Shell Pink-DK
		2	DMC 3727	Antique Mauve-LT
		2	DMC 3733	Dusty Rose
		2	DMC 3747	Blue Violet-VYLT
		2	DMC 3750	Antique Blue-VYDK
		2	DMC 3752	Antique Blue-VYLT
		2	DMC 3756	Baby Blue-UL VYLT
		2	DMC 3776	Mahogany-LT
		2	DMC 3804	Cyclamen Pink-DK
		2	DMC 3808	Turquoise-UL VYDK
		2	DMC 3809	Turquoise-VYDK
		2	DMC 3810	Turquoise-DK

Symbol	Strands	Type	Number	Color
	❖	2	DMC 3814	Aquamarine
	⋄	2	DMC 3816	Celadon Green-MD
	➔	2	DMC 3819	Moss Green-LT
	▼	2	DMC 3820	Straw-DK
	e	2	DMC 3821	Straw
	✕	2	DMC 3827	Golden Brown-Pale
	0	2	DMC 3835	Grape-MD
	†	2	DMC 3843	Electric Blue
	√	2	DMC 3844	Bright Turquoise-DK
	@	2	DMC 3847	Teal Green-DK
	♯	2	DMC 3848	Teal Green-MD
	6	2	DMC 3851	Bright Green
	≈	2	DMC 3855	Autumn Gold-LT
	✱	2	DMC 3859	Rosewood-LT
	▲	2	DMC 3864	Mocha Beige-LT
	⌘	2	DMC 3866	Mocha Brown-UL VY LT













Usage Summary

Strands Per Skein: 6

Skein Length: 313.0 in

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
 DMC 150	150	409	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 159	159	632	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 161	161	737	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 165	165	1210	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 166	166	135	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 169	169	1329	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 210	210	1522	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 224	224	893	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 309	309	290	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 311	311	203	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 321	321	1629	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 371	371	1208	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 413	413	1172	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 469	469	500	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 500	500	928	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 550	550	261	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 561	561	248	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 597	597	865	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 644	644	1021	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 647	647	821	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 666	666	198	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 676	676	5754	0	0	0	0.0	0.0	0.0	0	0	2.000
 DMC 677	677	3372	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 718	718	328	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 720	720	641	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 738	738	737	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 739	739	2770	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 760	760	612	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 762	762	1241	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 772	772	193	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 780	780	2124	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 783	783	2808	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 793	793	156	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 803	803	1000	0	0	0	0.0	0.0	0.0	0	0	1.000
 DMC 806	806	197	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC 823	823	1105	0	0	0	0.0	0.0	0.0	0	0	1.000

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
DMC	832	967	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	834	921	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	898	1147	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	902	3251	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	913	68	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	931	460	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	932	1075	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	939	3429	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	943	2353	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	958	2233	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	959	2638	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	966	729	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	977	3028	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	993	490	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	996	45	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3033	6476	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC	3042	1215	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3046	585	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3072	3363	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3328	443	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3348	529	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3354	1076	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3363	926	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3608	170	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3688	2484	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3712	390	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3721	859	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3727	827	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3733	1660	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3747	5611	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC	3750	895	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3752	1164	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3756	1169	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3776	744	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3804	66	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3808	1170	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3809	1766	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3810	536	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3814	134	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3816	308	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3819	261	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3820	2306	0	0	0	0.0	0.0	0.0	0	0	1.000

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
 DMC 3821	2914	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3827	3304	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3835	1173	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3843	25	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3844	51	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3847	1252	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3848	1196	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3851	820	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3855	2109	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3859	978	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3864	663	0	0	0	0.0	0.0	0.0	0	0	1.000	
 DMC 3866	5899	0	0	0	0.0	0.0	0.0	0	0	2.000	



	80	90	100	110	120	130	140	150
10
20
30
40
50
60
70
80
90

	160	170	180	190	200	210	220	230
10								
20								
30								
40								
50								
60								
70								
80								
90								

	240	250	260	270	280	290	300	310
10								
20								
30								
40								
50								
60								
70								
80								
90								

	310	320	330	340	350	360	370	380
10								
20								
30								
40								
50								
60								
70								
80								
90								

[illegible]

	10	20	30	40	50	60	70	80
100								
110								
120								
130								
140								
150								
160								
170								
180								
190								

	80	90	100	110	120	130	140	150
100
110
120
130
140
150
160
170
180
190

	160	170	180	190	200	210	220	230
100	+	+	+	+	+	+	+	+
110	+	+	+	+	+	+	+	+
120	+	+	+	+	+	+	+	+
130	+	+	+	+	+	+	+	+
140	+	+	+	+	+	+	+	+
150	+	+	+	+	+	+	+	+
160	+	+	+	+	+	+	+	+
170	+	+	+	+	+	+	+	+
180	+	+	+	+	+	+	+	+
190	+	+	+	+	+	+	+	+

	240	250	260	270	280	290	300	310
100
110
120
130
140
150
160
170
180
190

	310	320	330	340	350	360	370	380
100
110
120
130
140
150
160
170
180
190

[illegible]

	10	20	30	40	50	60	70	80
190	A	A	A	A	A	A	A	A
191	A	A	A	A	A	A	A	A
192	A	A	A	A	A	A	A	A
193	A	A	A	A	A	A	A	A
194	A	A	A	A	A	A	A	A
195	A	A	A	A	A	A	A	A
196	A	A	A	A	A	A	A	A
197	A	A	A	A	A	A	A	A
198	A	A	A	A	A	A	A	A
199	A	A	A	A	A	A	A	A
200	A	A	A	A	A	A	A	A
201	A	A	A	A	A	A	A	A
202	A	A	A	A	A	A	A	A
203	A	A	A	A	A	A	A	A
204	A	A	A	A	A	A	A	A
205	A	A	A	A	A	A	A	A
206	A	A	A	A	A	A	A	A
207	A	A	A	A	A	A	A	A
208	A	A	A	A	A	A	A	A
209	A	A	A	A	A	A	A	A
210	A	A	A	A	A	A	A	A
211	A	A	A	A	A	A	A	A
212	A	A	A	A	A	A	A	A
213	A	A	A	A	A	A	A	A
214	A	A	A	A	A	A	A	A
215	A	A	A	A	A	A	A	A
216	A	A	A	A	A	A	A	A
217	A	A	A	A	A	A	A	A
218	A	A	A	A	A	A	A	A
219	A	A	A	A	A	A	A	A
220	A	A	A	A	A	A	A	A
221	A	A	A	A	A	A	A	A
222	A	A	A	A	A	A	A	A
223	A	A	A	A	A	A	A	A
224	A	A	A	A	A	A	A	A
225	A	A	A	A	A	A	A	A
226	A	A	A	A	A	A	A	A
227	A	A	A	A	A	A	A	A
228	A	A	A	A	A	A	A	A
229	A	A	A	A	A	A	A	A
230	A	A	A	A	A	A	A	A
231	A	A	A	A	A	A	A	A
232	A	A	A	A	A	A	A	A
233	A	A	A	A	A	A	A	A
234	A	A	A	A	A	A	A	A
235	A	A	A	A	A	A	A	A
236	A	A	A	A	A	A	A	A
237	A	A	A	A	A	A	A	A
238	A	A	A	A	A	A	A	A
239	A	A	A	A	A	A	A	A
240	A	A	A	A	A	A	A	A
241	A	A	A	A	A	A	A	A
242	A	A	A	A	A	A	A	A
243	A	A	A	A	A	A	A	A
244	A	A	A	A	A	A	A	A
245	A	A	A	A	A	A	A	A
246	A	A	A	A	A	A	A	A
247	A	A	A	A	A	A	A	A
248	A	A	A	A	A	A	A	A
249	A	A	A	A	A	A	A	A
250	A	A	A	A	A	A	A	A
251	A	A	A	A	A	A	A	A
252	A	A	A	A	A	A	A	A
253	A	A	A	A	A	A	A	A
254	A	A	A	A	A	A	A	A
255	A	A	A	A	A	A	A	A
256	A	A	A	A	A	A	A	A
257	A	A	A	A	A	A	A	A
258	A	A	A	A	A	A	A	A
259	A	A	A	A	A	A	A	A
260	A	A	A	A	A	A	A	A
261	A	A	A	A	A	A	A	A
262	A	A	A	A	A	A	A	A
263	A	A	A	A	A	A	A	A
264	A	A	A	A	A	A	A	A
265	A	A	A	A	A	A	A	A
266	A	A	A	A	A	A	A	A
267	A	A	A	A	A	A	A	A
268	A	A	A	A	A	A	A	A
269	A	A	A	A	A	A	A	A
270	A	A	A	A	A	A	A	A
271	A	A	A	A	A	A	A	A
272	A	A	A	A	A	A	A	A
273	A	A	A	A	A	A	A	A
274	A	A	A	A	A	A	A	A
275	A	A	A	A	A	A	A	A
276	A	A	A	A	A	A	A	A
277	A	A	A	A	A	A	A	A
278	A	A	A	A	A	A	A	A
279	A	A	A	A	A	A	A	A
280	A	A	A	A	A	A	A	A

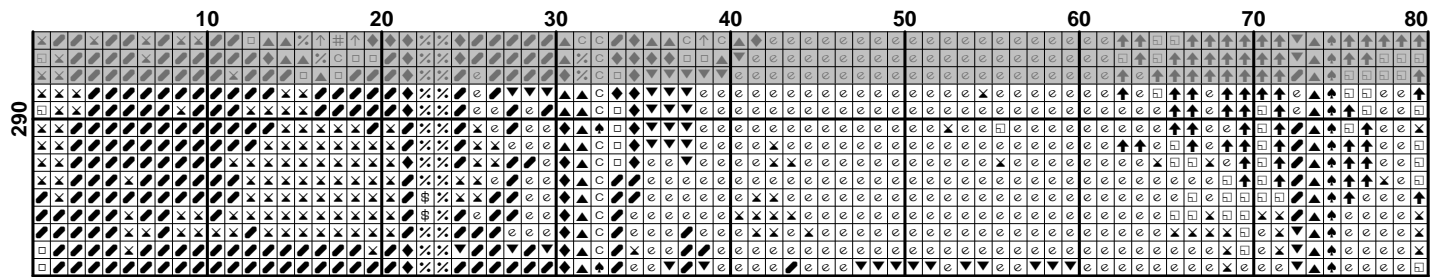
	80	90	100	110	120	130	140	150
190								
200								
210								
220								
230								
240								
250								
260								
270								
280								

	160	170	180	190	200	210	220	230
190
200
210
220
230
240
250
260
270
280

	240	250	260	270	280	290	300	310
190
200
210
220
230
240
250
260
270
280

	310	320	330	340	350	360	370	380
190
200
210
220
230
240
250
260
270
280

[illegible]



[illegible]

[illegible]

240 250 260 270 280 290 300 310

290

[illegible]